

## CHILDREN'S LESSONS

Existing customers must pay by Sunday 22<sup>nd</sup> October 2017 for November must be paid.



New Customers can pay from 30<sup>th</sup> October 2017

	Start Date	No Swimming Christmas Break	Back Swimming	Last week of term	Times	Classes
Mon	13 <sup>th</sup> Nov	11 <sup>th</sup> Dec	8 <sup>th</sup> Jan	12 <sup>th</sup> Feb	16:30 to 17:30	Turtles, Seahorse, Starfish, Dolphins, Sharks
	13 <sup>th</sup> Nov	11 <sup>th</sup> Dec	8 <sup>th</sup> Jan	12 <sup>th</sup> Feb	17:30 to 18:15	Lanes swimming for children
Tues	14 <sup>th</sup> Nov	12 <sup>th</sup> Dec	9 <sup>th</sup> Jan	13 <sup>th</sup> Feb	15:45 to 18:15	Turtles, Seahorse, Starfish, Dolphins, Sharks
Wed	15 <sup>th</sup> Nov	13 <sup>th</sup> Dec	10 <sup>th</sup> Jan	14 <sup>th</sup> Feb	16:00 to 17:30	Turtles, Seahorse, Starfish, Dolphins, Sharks
	15 <sup>th</sup> Nov	13 <sup>th</sup> Dec	10 <sup>th</sup> Jan	14 <sup>th</sup> Feb	17:30 to 18:15	Lanes swimming for children
Thurs	16 <sup>th</sup> Nov	14 <sup>th</sup> Dec	11 <sup>th</sup> Jan	15 <sup>th</sup> Feb	16:00 to 17:30	Turtles, Seahorse, Starfish, Dolphins, Sharks
	16 <sup>th</sup> Nov	14 <sup>th</sup> Dec	11 <sup>th</sup> Jan	15 <sup>th</sup> Feb	17:30 to 18:15	Lanes swimming for children
Sat	18 <sup>th</sup> Nov	16 <sup>th</sup> Dec	13 <sup>th</sup> Jan	17 <sup>th</sup> Feb	11:00 to 12:30	Turtles, Seahorse, Starfish, Dolphins, Sharks
	18 <sup>th</sup> Nov	16 <sup>th</sup> Dec	13 <sup>th</sup> Jan	17 <sup>th</sup> Feb	12:30 to 13:15	Lanes swimming for children

Cost: 1<sup>st</sup> Child €85; 2<sup>nd</sup> Child €80; 3<sup>rd</sup> Child €75; 4<sup>th</sup> Child €70 (for 10 weeks)

## Parent & Toddler Classes

	Start Date	Finish Date	Times	Cost
Fri	15 <sup>th</sup> Sept	27 <sup>th</sup> Oct	11:30 to 12:15	€60 for 7 weeks
Sat	16 <sup>th</sup> Sept	28 <sup>th</sup> Oct	13:20 to 13:50	€52 for 7 weeks
Fri	3 <sup>rd</sup> Nov	15 <sup>th</sup> Dec	11:30 to 12:15	€60 for 7 weeks
Sat	16 <sup>th</sup> Sept	16 <sup>th</sup> Dec	13:20 to 13:50	€52 for 7 weeks

## Adult Swimming Lessons

	Start Date	Finish Date	Times	Cost
Wed	6 <sup>th</sup> Sept	18 <sup>th</sup> Oct	20:00 to 21:30	€60 for 7 weeks
Fri	15 <sup>th</sup> Sept	27 <sup>th</sup> Oct	11:30 to 12:15	€52 for 7 weeks
Wed	25 <sup>th</sup> Oct	6 <sup>th</sup> Dec	20:00 to 21:30	€60 for 7 weeks
Fri	3 <sup>rd</sup> Nov	15 <sup>th</sup> Dec	11:30 to 12:15	€52 for 7 weeks

## Aqua Aerobics

	Start Date	Finish Date	Times	Cost
Tues	5 <sup>th</sup> Sept	17 <sup>th</sup> Oct	20:00 to 21:30	€60 for 7 weeks / €9.50 pay as you go
	24 <sup>th</sup> Oct	5 <sup>th</sup> Dec	11:30 to 12:15	€60 for 7 weeks / €9.50 pay as you go

## Adult Lane Swimming with Coaching

Mon	10:15 - 11:00
Thurs	20:00 - 21:00

Cost: €8.50 pay as you go



Co. Westmeath  
Tel: 044 9340262  
web: www.westmeathcoco.ie

For Fitness,  
Fun & Feeling  
Great!

Management reserve the right to close any of the programmes depending on demand

## Swimming Assesories

Hats	€2
Goggles	€8
Nose clips	€2.50
Arm bands	€6.50
Swimming nappy's	€2

	10:15 - 11:00 Adult lanes with coaching (pay as you go)	12:30 - 13:30 Adults and Children	15:30 - 16:30 Adults and Children	16:30 - 18:15 Childrens Swimming Lessons (must prebook)	Bank Holiday 14:00 to 17:00 only	
Mon						
Tues	07:00 - 09:00 Adults & Children		14:00 - 15:00 Adults & Children	15:45 - 18:15 Childrens Swimming Lessons (must prebook)	18:15 - 20:00 Adults & Children (children must be out of pool by 19:00)	20:00 - 21:00 Aqua Aerobics (prebook or pay as you go)
Wed		10:30 - 11:30 Ladies Hour	14:00 - 15:00 Adults & Children	16:00 - 18:15 Childrens Swimming Lessons (must prebook)	18:15 - 20:00 Adults & Children (children must be out of pool by 19:00)	20:00 - 21:00 Adult Lessons (must prebook)
Thurs	07:00 - 09:00 Adults & Children		14:00 - 15:45 Adults & Children	16:00 - 17:30 Childrens Swimming Lessons (must prebook)	17:30 - 18:15 Childrens Swimming Lessons (must prebook)	18:15 - 20:00 Adults & Children (children must be out of pool by 19:00)
Fri		10:30 - 11:30 Ladies Hour	11:30 - 12:15 Parent & Toddler, 3&4 swimming class	11:30 - 12:15 Adult Swimming Lessons (Must Pre-Book)	14:45 - 16:45 Adults and Children	20:00 - 21:00 Adult Lanes Swimming (pay as you go)
Sat			11:00 - 13:15 Childrens Swimming Lessons (must prebook)	13:20 - 13:50 Parent & Toddler, 3&4 swimming class	14:00 - 16:45 Adults and Children	18:15 - 19:45 Adults Only
Sun	10:00 - 12:00 Adults & Children		14:00 - 17:00 Adults & Children	18:00 - 19:30 Adults Only		

## Prices

Adults	€5.00
Children	€2.60
O.A.P.	€2.60
Disability	€3.00

## Family Tickets

1 Adult 2 Children	€9.50
1 Adult 3 Children	€10.00
2 Adults 2 Children	€12.00
2 Adults 3 Children	€15.00

## Sauna Prices

Sauna only	€3.50
Swim & Sauna	€6.50

## Book of Tickets/Classes

10 swims adult	€45
10 swims child	€20
new 10 swims adult lanes	€75

aqua aerobics adults	€60 for 7 weeks or €9.50 pay as you go
aqua aerobic O.A.P adult lessons	€35 for 7 weeks €60 for 7 weeks

O.A.P lessons	€35 for 7 weeks
childrens swimming lessons	€85 for 10 weeks