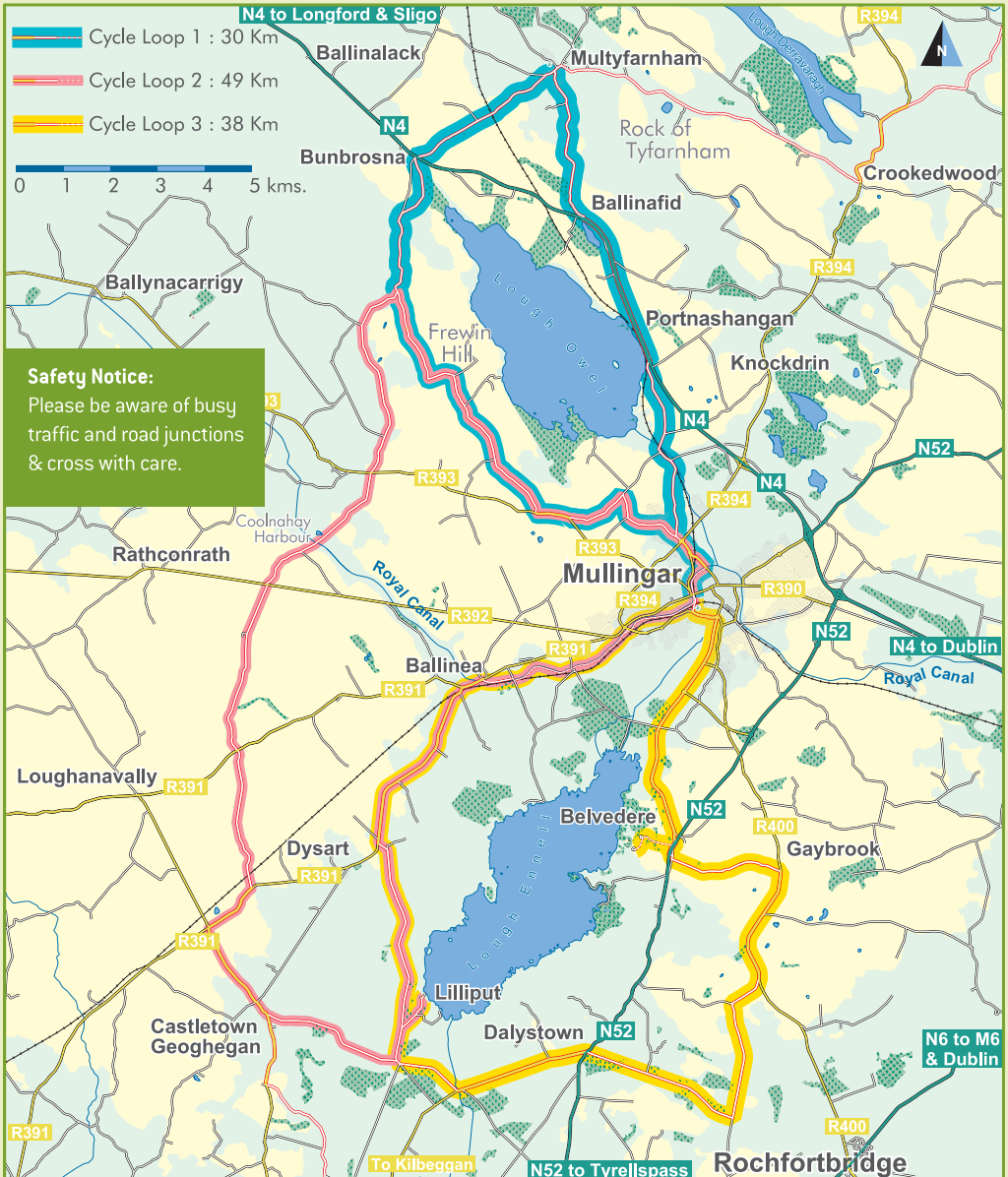


Mullingar Cycle Route





The National Cycle Network is being developed throughout Ireland. A number of Cycle Hub towns are located across the country. Each hub town has a number of looped cycle routes consisting of half day & day cycles.



Quiet country roads with stunning views of rich pastureland & beautiful lakes provide the ideal backdrop to your cycle routes. Mullingar, Co. Westmeath, situated on the River Brosna and surrounded by the Royal Canal is a busy market town with excellent facilities and amenities.

Loop 1 :

**30 kilometres,
2-3 hours**

Start: Mullingar Railway Station

This looped route takes you north of Mullingar around Lough Owel. Take a break at Portnashangan & take in the view of the lake & Church Island. Continue north to the village of Multyfarnham. Follow the route back on the western side of the lake.

Loop 2 :

**49 kilometres,
4-5 hours**

Start: Mullingar Railway Station

This is the longest route and makes a tour of the countryside between Lough Owel and Lough Ennell. Start by following Loop 1 until you pass the high point of Frewin Hill. The route then takes a southerly direction along quiet roads and lanes, crossing the occasional main road. A good place to stop is at the pretty Coolnahay Harbour on the Royal Canal. Continue on to Castletown Geoghegan, the route then takes you to scenic Lilliput at Lough Ennell. Return is via Loop 3 to Ballinea with the final stretch along the very pleasant tow path of the Royal Canal.

Loop 3 :

**38 kilometres,
3-4 hours**

Start: Mullingar Railway Station

On this cycle route, you will travel south of Mullingar to Lilliput, a beautiful amenity area with stunning views of Lough Ennell. Lilliput is the inspiration for the enchanting tale-Gullivers Travels. Travelling via Dalystown & Gaybrook continue on towards the lakeshore again with a visit to Belvedere House, Gardens & Park.

Bike Hire

**L'Estrange Auto Care, Austin Friar's Street, Mullingar, Co. Westmeath.
Tel: + 353 (0) 44 934 8847 Email: lestrangeautocare@eircom.net**

For further information
please visit:

www.discoverireland.ie/westmeath



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